

SETH ANANDRAM JAIPURIA COLLEGE

(NAAC ACCREDITED)

Dated: 02 03	2023
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NOTICE

Our college is planning to open a counselling cell to provide counselling and mental health services to the students of all shifts.

The counselling cell intends to provide a safe space for the students to share their personal, interpersonal, and academic concerns and open up necessary conversations concerning them. It will also strive to equip students to address these challenges successfully and improve their overall well-being.

While our endeavour is still in its early stages, we would welcome any recommendations from our faculty and students for our counselling cell. In addition, if any student has any questions or would like to make an appointment for counselling services, they can contact us sajc.counsellingcell@gmail.com. We would also ask our students to complete a brief survey form concerning their personal thoughts and perceptions about mental health.

The link for the survey-

https://docs.google.com/forms/d/114aQSkNGvcjdtJ62HPNNjWT3VkJUR0r jySUOrpu5hRs/edit

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